

# Quantification of mangiferin content in different parts of *Salacia chinensis* L., a potential anti-diabetic plant from Kerala regions of the Western Ghats

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## Abstract

*Salacia chinensis* L., is a potential medicinal plant with high therapeutic values that has been extensively used in traditional and modern medicines to treat diabetes and obesity. The present investigation is aimed to quantify the mangiferin (an anti-diabetic molecule) content in different parts of *S. chinensis* distributed in the Kerala region of the Western Ghats using Reverse-Phase High Performance Liquid Chromatography (RP-HPLC). Mangiferin content was detected in all analysed plant parts. Among the different root samples analysed, the highest (2.32mg/g) mangiferin content was observed in the samples collected from Sreenivasapuram region followed by the samples collected from Kumarakom region (1.04mg/g) and Palode region (0.97mg/g). The lowest concentration (0.34mg/g) in the root was observed in the sample collected from Vattappara region.

From the analysed leaf samples, highest (2.14mg/g) content was obtained in the accession collected from Palode region followed by the samples collected from Sreenivasapuram region (1.68mg/g) and Kumarakom region (1.62mg/g). All the collected stem samples showed lower mangiferin content (0.05mg/g to 0.76mg/g). The roots as well as leaves were identified as good source of mangiferin whereas stem samples contain very low quantity of mangiferin. The present investigation opens an avenue for effective extraction of the bioactive compound for antidiabetic property.

**Keywords:** Anti-diabetic, HPLC, Mangiferin, *S. chinensis*.

## Introduction

*Salacia* (family - Celastraceae), a significant genus with nutritional, medicinal and pharmaceutical implications is widely distributed in the tropical and subtropical regions. 21 species are found in India of which 15 species are known to occur in peninsular India and are distributed in the Western Ghats of Karnataka, Kerala, Tamil Nadu, Maharashtra and Southern Orissa<sup>12</sup>. Many species of the genus (*S. chinensis*, *S. oblonga*, *S. reticulata*, *S. malabarica*, *S. macrosperma* etc.) are woody climbers which are commonly known as Saptrangi or Ekanayakam or Ponkoranti. They have been

used for years in traditional (Ayurveda) as well as modern medicine for the treatment of various diseases especially for diabetes mellitus. Roots and golden coloured stems are the vital parts of *Salacia* species used in the medicinal preparations<sup>16,18</sup>.

*S. chinensis* is the most prevalent species of *Salacia*, which is extensively used in the treatment of a variety of diseases such as diabetes, arthritis, rheumatism, inflammation, leucorrhoea, fever, skin diseases, obesity, cancer, liver disorder, inflammation, venereal and bronchitis<sup>3,7,16</sup>. The presence of major bioactive constituents such as mangiferin, salacinol, kotalanol, morolic acid, oleanolic acid, betulinic acid and the presence of alkaloids, tannins, terpenoids, flavonoids, saponins, glycosides and coumarins<sup>18,19,25</sup> in the root and stem of *Salacia* species render *S. chinensis*<sup>9,13</sup> medicinally rich. The presence of mangiferin is attributed to the high antidiabetic potential as well as other medicinal properties in *Salacia* species.

Mangiferin is a natural C-glucosyl xanthonoid polyphenol known as a natural miracle bioactive compound involved in multi-target regulatory activities such as inhibition of protein kinase, activation of peroxisome proliferator-activated receptor- $\gamma$  (PPAR- $\gamma$ ), inhibition of  $\alpha$ -glucosidase, aldoreductase and pancreatic lipase. Mangiferin is also used in the treatment of various lifestyle-related disorders such as kidney<sup>17</sup> and liver-related disorders<sup>16</sup> and different types of human cancer<sup>6</sup>. It has been effectively used in the treatment of Alzheimer's and Parkinson's disease that prevent neurodegeneration<sup>4</sup> and also possess anti-HIV property<sup>20</sup>. In this context, the present investigation is aimed in performing a comparative study on the quantitative determination of mangiferin content in different plant parts (root, leaf and stem) of *S. chinensis* collected from Kerala regions of the Western Ghats.

## Material and Methods

### Plant collection and sample preparation for extraction:

Different accessions of *S. chinensis* were collected from Kerala regions of the Western Ghats. Fresh samples of root, leaf and stem were cleaned under running tap water to eradicate dust, soil and other external materials. The plant samples were then nicked into small pieces and dried under shade for 3 weeks. The dried plant samples were ground to coarse powder and were stored in air tight containers till further analysis.

**Extraction of plant samples:** The powdered individual samples were subjected to hot Soxhlet extraction. 5g of powdered samples was soaked in 180-220ml of methanol and further extraction was carried out by continuous percolation method using a Soxhlet apparatus which continued for 72hrs with subsequent concentration of filtered extracts by rotary evaporator. A dark yellowish red concentrate for root and dark greenish concentrate for leaf and light greenish red concentrate for stem were obtained. Crude methanolic extracts were prepared using HPLC grade methanol and filtered using 0.45µm membrane filter (Millipore) for HPLC analysis.

**Chemicals used for HPLC analysis:** All chemicals used in these experiments were of analytical grades and were procured from Merck, Millipore and Sigma-Aldrich, U.S. including acetic acid, HPLC grade methanol, HPLC grade water.

**HPLC analysis:** A simple sensitive and precise Reverse Phase High-Performance Liquid Chromatography (RP-HPLC) method was used for the quantification of mangiferin from different parts of *S. chinensis*<sup>8</sup>. The chromatographic determination was carried out on a Shimadzu HPLC system (Shimadzu LC 20 AD) composed of two pumps, rhinod injector and C18 column equipped with PDA detector (SPS-20A). For RP-HPLC analysis, the mobile phase composed of 1% acetic acid and methanol (15:85, v/v) with a flow rate of 1ml/min. Calibration graph of mangiferin was plotted by injecting different concentrations of standard in methanol at a wavelength of 254nm, with a running time of 10 min and the injection volume of 20µl using a 25µl capacity syringe (Hamilton microlite syringe). The HPLC system was made stable for 1hr before injection.

**Linearity and accuracy:** Five different concentrations (0.5, 1, 10, 50 and 100ppm) of mangiferin standard were prepared in HPLC grade methanol for calculating linearity and accuracy. 20µl of mangiferin standard was injected to HPLC which was observed at 254nm. Experiments were repeated three times and calibration curve was plotted with average peak area against mangiferin concentrations. Accuracy of the current study was evaluated by consecutive analysis (n=3) for three concentrations (1, 10 and 50ppm) of standard mangiferin solution carried out using the method.

## Results and Discussion

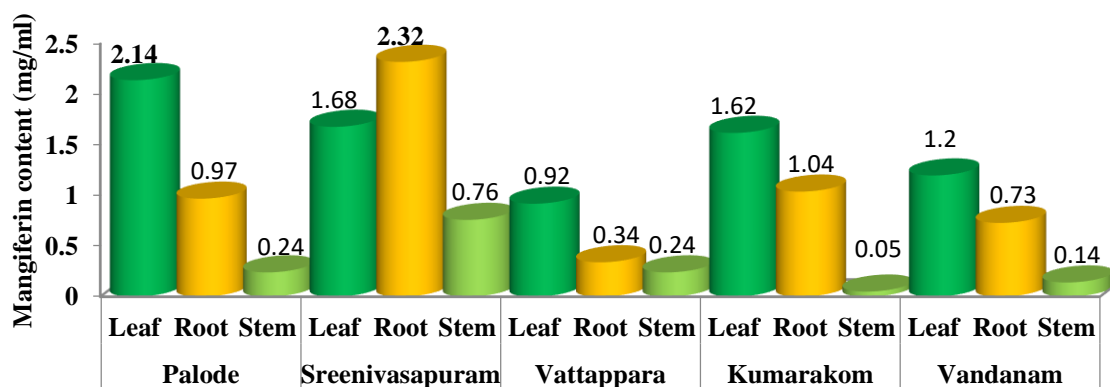
In the current study, plants from different natural populations of *S. chinensis* were collected from the Kerala regions of the Western Ghats for quantifying mangiferin content in the collected plant parts (root, leaf and stem) through HPLC method (Table 1 and fig. 1). HPLC chromatogram of standard mangiferin was obtained at a retention time of 2.78min for 3 replicates (Fig. 3) and different parts of *S. chinensis* showed a retention time of around 2.7min (Figures 4-8). A linear relation with a good correlation coefficient was obtained when the peak area (y) of mangiferin was plotted against different concentrations (1, 10 and 50ppm). A correlation coefficient ( $r^2$ ) of 0.999 was obtained for the calibration curve equation (Fig. 2). The results of the current investigation revealed that there is a significant diversity in the mangiferin content of all plant parts, with concentrations in various parts ranging from 0.05mg/g to 2.32mg/g.

Root and leaf samples contained highest amount of mangiferin than stem samples. The concentration of mangiferin in roots of different accessions varied from 0.34mg/g to 2.32mg/g. The root sample from Sreenivasapuram region in Thiruvananthapuram district exhibited the highest concentration of mangiferin (2.32mg/g) followed by samples from Kumarakom region in Kottayam district (1.04mg/g), Palode region in Thiruvananthapuram district (0.97mg/g) and Vandanam region in Alappuzha district (0.73mg/g). The lowest content (0.34mg/g) was observed in the root sample collected from Vattappara region, Thiruvananthapuram district.

All the analysed leaf samples contained significant quantity of mangiferin content ranging from 0.92mg/g to 2.14mg/g. The highest mangiferin content (2.14mg/g) in the leaf sample was observed in the sample collected from Palode region, Thiruvananthapuram district followed by the samples collected from Sreenivasapuram region, Thiruvananthapuram district, with mangiferin content of 1.68mg/g and Kumarakom region (1.62mg/g) in Kottayam district. Leaf sample collected from Vandanam region in Alappuzha district showed 1.20mg/g mangiferin and 0.92mg/g in the sample collected from Vattappara region, Thiruvananthapuram district.

**Table 1**  
**Quantitative analysis of mangiferin content in different parts of *S. chinensis* collected from Kerala regions of the Western Ghats.**

S.N.	Place of collection		Geographical co-ordinates			Mangiferin Concentration (mg/g)		
	Locality	District	Latitude	Longitude	Altitude (m)	Leaf	Root	Stem
1	Palode	Thiruvananthapuram	8°45'8.66"	77°1'41.23"	116	2.14	0.97	0.24
2	Sreenivasapuram		8°44'49.83"	76°44'5.50"	31	1.68	2.32	0.76
3	Vattappara		8°35'0.46"	76°58'36.96"	84	0.92	0.34	0.24
4	Kumarakom	Kottayam	9°37'55.8"	76°25'27.5"	4	1.62	1.04	0.05
5	Vandanam	Alappuzha	9°24'48.8"	76°20'59.3"	0	1.20	0.73	0.14

Mangiferin content in *S. chinensis*

*S. chinensis* collected from the Kerala region of the Western Ghats

Figure 1: Mangiferin content in different parts of *S. chinensis* collected from Kerala regions of the Western Ghats

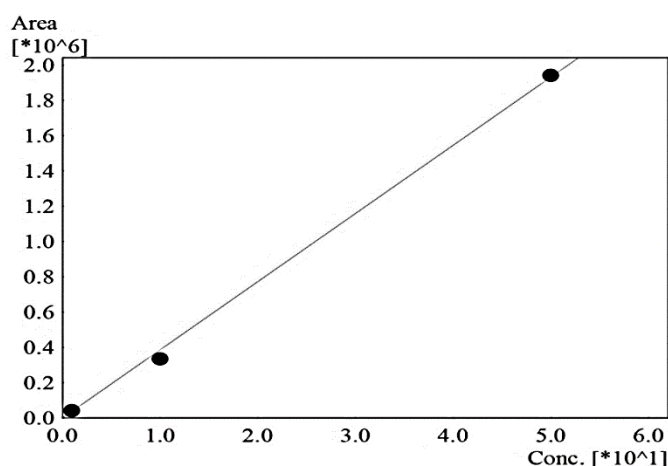


Figure 2: Calibration curve of mangiferin standard

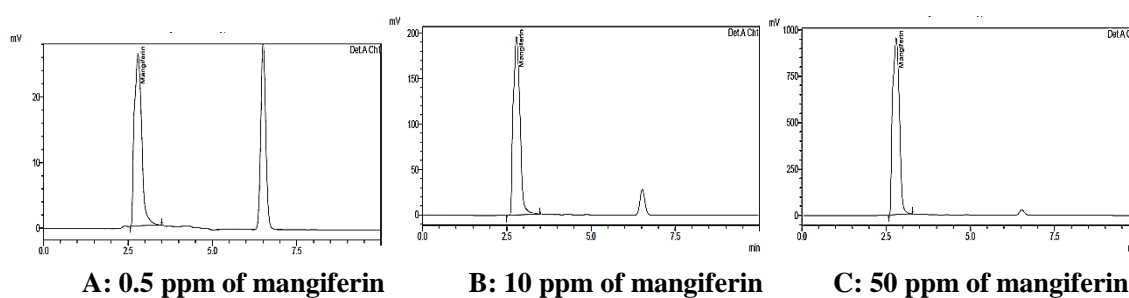


Figure 3: HPLC chromatogram of standard Mangiferin

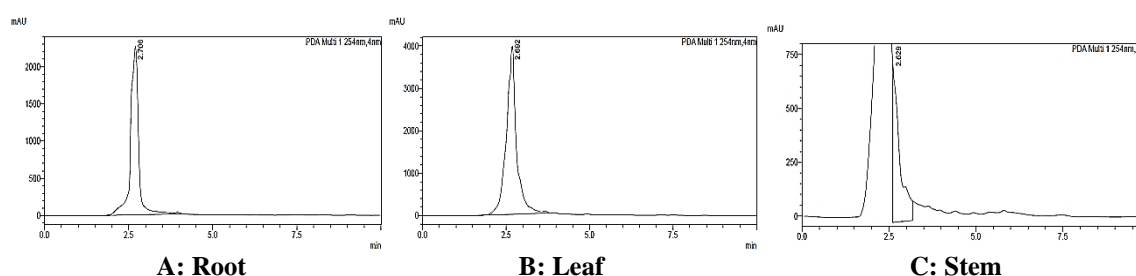
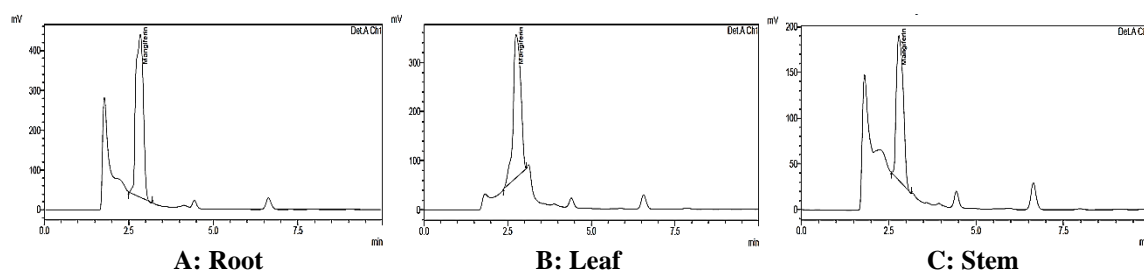
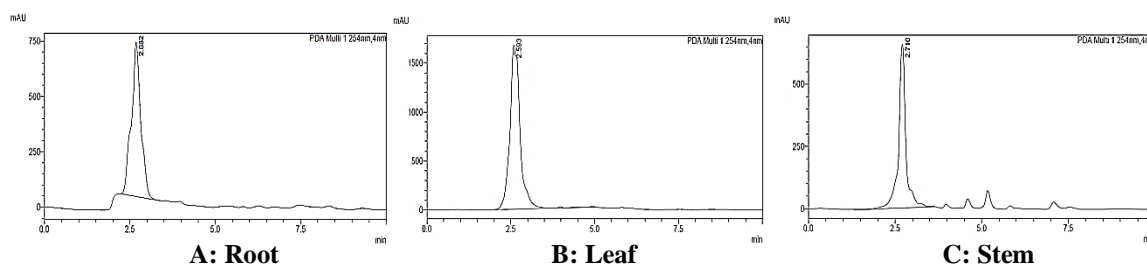


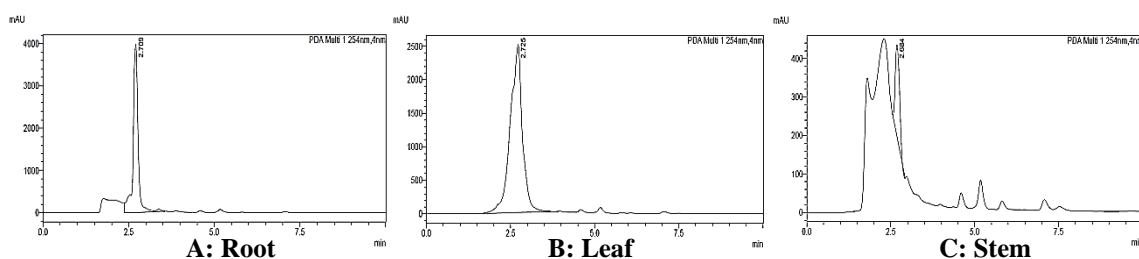
Figure 4: HPLC chromatogram of different parts of *S. chinensis* collected from Palode region



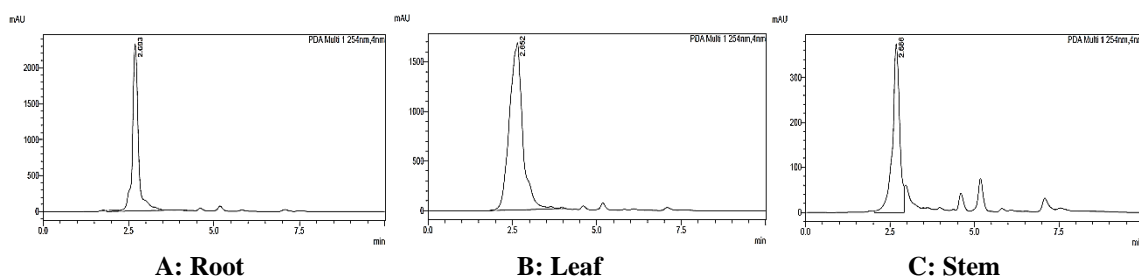
**Figure 5: HPLC chromatogram of different parts of *S. chinensis* collected from Sreenivasapuram region**



**Figure 6: HPLC chromatogram of different parts of *S. chinensis* collected from Vattappara region**



**Figure 7: HPLC chromatogram of different parts of *S. chinensis* collected from Kumarakom region**



**Figure 8: HPLC chromatogram of different parts of *S. chinensis* collected from Vandanam region**

Mangiferin content in the stem samples of different accessions ranged from 0.05mg/g to 0.76mg/g indicating relatively lower concentrations. The mangiferin content in the stem samples revealed 0.76mg/g, 0.24mg/g, 0.24mg/g, 0.14mg/g and 0.05mg/g in the accessions collected from Sreenivasapuram (Thiruvananthapuram dist.), Palode region (Thiruvananthapuram dist.), Vattappara region (Thiruvananthapuram dist.), Vandanam region (Alappuzha dist.) and Kumarakom region (Kottayam dist.) respectively.

Plants of *Salacia* species are extensively used in the treatment of diabetes mellitus because of the presence of major bioactive compounds such as mangiferin, salacinol and kotalanol. Nonetheless, their low toxicity, ease of availability and rich diversity of phytochemical compounds also contributed to their excessive market demand<sup>4</sup>. Mangiferin is considered as a “super antioxidant” and it has

been found to exhibit anti-diabetic, anti-viral, anti-cancer, anti-aging, immunomodulatory, hepatoprotective and analgesic properties. Mangiferin is reported in different *Salacia* species<sup>14,22-24</sup> and is used in the treatment of various life style disorders such as kidney and liver-related disorders and cancer<sup>6,16</sup>. Mangiferin content in *Salacia* species was quantified by several techniques such as HPTLC<sup>22</sup>, HPLC<sup>8,14,23,24</sup> and LC-MS<sup>10</sup> and these reports exhibited varying mangiferin content in the root of *S. chinensis*.

The present work provides a comparison of mangiferin content in different parts (root, leaf and stem) of *S. chinensis* collected from Kerala regions of the Western Ghats. The present analysis showed the highest mangiferin content in the root (2.32mg/g) and leaf (2.14mg/g) of *S. chinensis* collected from Thiruvananthapuram district of Kerala when compared to the mangiferin content in the root of *S.*



*chinensis* (1.57mg/g) collected from Pandalam region of Pathanamthitta district, Kerala<sup>8</sup>. Approximately 1.57mg/g (1.57%) and 1.54mg/g (1.54%) were reported in *S. chinensis* of Tamil Nadu region and Sirsi region of Karnataka respectively<sup>21,25</sup>.

The highest mangiferin content (5.82mg/g/58.24mg/ml) in the root sample and the lowest (0.30mg/g/3.07mg/ml) in the stem sample was reported by Kamat et al<sup>12</sup>. More or less the same concentration of mangiferin content was reported by Jayaraj et al<sup>8</sup> in other species of *Salacia* like *S. brunoniana* (2.58mg/g) and *S. beddomei* (2.19mg/g) collected from Kulamavu region, Idukki district and Kakkayam region, Kozhikode district<sup>8</sup>. Chavana et al<sup>1</sup> reported very low concentration (0.39mg/g/391.8ppm) from the root samples of *S. chinensis* collected from the Amboli region of Maharashtra.

The present analysis concentrated on different accessions in Kerala regions of the Western Ghats showing 0.34mg/g-2.32mg/g mangiferin content in the root samples, 0.92mg/g-2.14mg/g in the leaf samples and 0.05mg/g-0.76mg/g in the leaf samples of *S. chinensis*. The findings indicated comparatively better concentration of mangiferin (2.14mg/g) content in the leaf samples of *S. chinensis* collected from Palode region, Thiruvananthapuram district. Variations in the amount of mangiferin content in the different samples from the various geographical locations were possibly affected by the different environmental factors.

Mangiferin is a versatile compound present in *S. chinensis* that can be used as a complimentary medicine for the treatment of various lifestyle diseases being cost-effective and considered bio-safe. We can also suggest the leaves are also a raw material source of mangiferin content for future pharmaceutical preparations. The presence of mangiferin along with kotalanol and salacinol gives *S. chinensis* an added benefit rendering it an indefeasible anti-diabetic plant.

## Conclusion

Mangiferin is a xanthonoid compound, naturally occurring polyphenol with excellent pharmacological activities. The quantitative determination of mangiferin in the different parts of the *S. chinensis* collected from the Kerala regions of the Western Ghats was carried out using RP-HPLC technique. The present study revealed better (2.14mg/g) concentration of mangiferin content in the leaves of *S. chinensis*. The analysis also identified that stem, root and leaf of *S. chinensis* could be the most promising raw material for anti-diabetic drug formulations based on the mangiferin content.

In fact, the root and stem of *Salacia species* have been extensively used in traditional medicine to treat diabetes mellitus. The current investigation poses a trend that can arrest culling of the whole plant for root harvest by

introducing leaf as an alternate source which has comparable mangiferin content as compared to root.

## Acknowledgement

We sincerely thank National Medicinal Plants Board, Ministry of AYUSH, Government of India for extending financial aid. We are also thankful to Director, KSCSTE-Jawaharlal Nehru Tropical Botanic Garden and Research Institute for providing facilities and to Director, KSCSTE-Kerala Forest Research Institute for HPLC analysis. We sincerely thank Ms. Rintu Mariya Raju and Dr. Anil Kumar GC for extending timely help during the research work.

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(Received 18<sup>th</sup> October 2023, accepted 14<sup>th</sup> December 2023)